

## Who Are You?

*Teacher and Classroom Preparation:* None necessary.

*Length of Time:* 5 – 10 minutes

- Students will pair up with someone they do not know (or do not know well).
- Facing each other, and making eye contact, **A** asks **B**, “Who are you?” **B** responds in one or two words.
- After a pause, **A** repeats, “Who are you?” **B** must provide a different response.
- After a pause, **A** repeats, “Who are you?” **B** must provide a different response.
- **A** pauses again, and then repeats the question for as many times as you wish.

Then you should reverse the workshop so that **B** asks **A** the same question.

Students may not find this workshop easy, but it does uncover who they really are. After the first five or six responses, students begin to search deeper and provide insightful answers to the question, “Who are you?”

As a class discussion follow-up, ask the students what they found difficult about this activity, and why they found it difficult.